

Inside This Issue!

Cover Story...

YOU Asked for it... Unbelievable Bug Trivia!

*Discover interesting
things about pests you
may have never
known!*

One Dish Quick 'n Easy Cheddar Stroganoff!

*Use this recipe to not
only cook fast, but
delight the entire
family as if it took you
HOURS!*

Win BIG BUCKS In Our New Referral Contest!

Page 2

Great Tips for LIVING!

*Great ways to simplify
your LIFE...*

Page 3

MORE WACKY Trivia— WHO KNEW?!

*Can't get enough of
GREAT Bug Trivia!*

(back cover)

Dr. Joe Bugs'

"Life In The Bug City"

MORE TRIVIA—You asked for it—Here it is! Unbelievable Facts About Pests!

- ◆ The natural diet of lady beetles consists of soft-bodied insects, such as aphids, spider mites, and young caterpillars. Adults can consume up to 100 aphids a day.
- ◆ The millipede is a vegetarian.
- ◆ The monarch butterfly can discern tastes 12,000 times more subtle than those perceivable by human taste buds.
- ◆ The silkworm is actually the caterpillar of the mulberry silk moth. Silkworms have been bred in China for at least 2,000 years.
- ◆ The venom of the Africanized honeybee is no more toxic than that of the common honeybee's.
- ◆ The male praying mantis often loses his head – literally – after courting the female. The latter is known to decapitate the earnest suitor, and she often completely devours him.
- ◆ There are 4,000 species of earthworms alive on Earth.
- ◆ There are more beetles on Earth than any other living creature. The number of species alone is nearly a quarter-million.
- ◆ There are locusts that have an adult lifespan of only a few weeks, after having lived in the ground as grubs for 15 years.

**We've had tremendous feedback on our insect trivia!
Please let us know what you think!**

954-917-1073



One Dish Quick 'n Easy Cheddar Stroganoff!

1 pound ground beef (ground round leanest)
2 cups water
6 oz. uncooked egg noodles
12 oz. cheddar cheese
1 can light cream of mushroom soup
Dash Red Pepper
Black Pepper to taste

1. Brown beef in skillet and drain well (to cut back on fat you can rinse after cooking).
2. Stir in water over medium heat. Stir in noodles as soon as the water starts to boil.
3. Reduce heat to medium-low after 1 minute of boiling, cover and simmer approx. 6 to 8 minutes or until noodles are desired texture.
4. Top with soup, pepper, and add cheese. Cover over very low heat until cheese melts.

Serves Four.

Tell me what you think of this recipe-- Enjoy!

954-917-1073

THANK YOU!



Just want to say "Thank You" to
all the nice folks who are
helping us grow by referring
their friends and neighbors . . .

Robin & Paul Corrigan, Boca Raton
Louise & Andy Proctor, Weston
Gail & Jason Merrick/King, Parkland
Sandra & Francisco Galan, Coral Springs
Gianina Zasloff, Pembroke Pines
Debra & Ken Clein, Plantation

Win Big Bucks with Our NEW Referral Reward Contest!

YES! We love referrals and we make it fun for you TOO! For every referral you send us we send you "CASH" in the mail! That's right! We do this as a "thank you" for thinking of us when you talk to your friends about our services and they decide to use one of our programs!

Granted, we hope you're "thrilled" with your service and would refer us anyway, but why not receive some "CASH". We like to send you cash so you can do whatever you choose with it... go out to dinner and a movie, or use it to buy yourself an early birthday gift... It's completely up to you. It's just our way of saying, "We appreciate you for mentioning our name"!

Call us at **954-917-1073** and we'll be sure to help your friends out in every way possible!
Dr. Joe at Dr. Joe Bugs Pest Control



Great Tips for Living!

More Ways to Simplify Your Life! Enjoy...

- ☞ Have a treasure hunt to clean out clutter. It's hard to believe everything you will find if you make clearing out clutter fun. Have a treasure hunt and see who can accumulate the most "giveaways!"
- ☞ Seek out quick and easy recipes that satisfy the entire family. Create your own collection of them to keep dinner time tasty and easy!
- ☞ Take it easy on yourself. Remember when you start running wild trying to keep up with everything—not everything is in dire need to get done right away. Allow time for quiet and solitude at least once a week—if not everyday!
- ☞ Take time away from television. Television jars our mind with multiple images in flashes. Not only is it a vacuum of time, it most often increases stress rather than reducing it. Try it for one evening and notice the difference.

We hope you find these tips helpful this month. Let us know! 954-917-1073

Thanks Again!

We just wanted to take a small portion of this newsletter to say, "Thank you." Thank you for trusting us in serving you and we look forward to serving you for years to come! It's such a pleasure to help you with not only your pest control needs, but in other ways too—as I attempt to do with my newsletter.

We hope you enjoy it as much as we enjoy sharing it with you! And if there is anything at all we can do for you don't hesitate in calling. If you have any questions concerning your service feel free to give us a ring. We look forward to seeing you soon and wish you the best!

Sincerely,

Joe Bugs



Dr. Joe Bugs'

"Life In The Bug City"

Dr. Joe Bugs Pest Control Inc.
4900 N.W. 15th Street • Bay 4488
Margate, FL 33063

**Pass This Newsletter
to a Friend!**

**I'll be happy to add
them to my
newsletter service
& Specials FREE!**



MORE Wacky Trivia!

Compliments of Dr. Joe Bugs!

- ◆ There really are such things as "cooties." Though most people believe that "cooties" is just a nonsense word used by children to describe unpleasant insects, cooties are, in fact, a kind of body lice.
- ◆ To keep bugs out of flour, it is recommended to place a couple of bay leaves in the container.
- ◆ A flea is capable of jumping 13 inches in a single leap. In human terms, this would be equivalent to a person leaping 700 feet in one bound

Your feedback is welcome. Please call us at 954-917-1073

